

Important information for parents/carers of children who carry their own medication at school and/or who self-medicate

Please remind your child to:

- carry their medication with them to and at school each day and/or as agreed with the school
- know how and when this medication should be used
- keep their medication with them in an easily accessible and identifiable spot (some parents have bought pouches so their children can carry around their adrenaline auto injector for anaphylaxis wherever they go)
- tell a teacher immediately if they start to feel unwell or sick at school. Please tell them this won't get them into trouble if they do this
- tell you immediately if their medication is used, lost or misplaced or is nearing its expiration date
- carry their medication with them on all school excursions, training at TAFE and any work experience or structured work place learning your child is involved in and as agreed with the school
- keep a copy of their *ASCIA Action Plan for Anaphylaxis* with their adrenaline auto injector for anaphylaxis
- keep a copy of their Asthma Action Plan with their asthma reliever medication for asthma.

NOTE FOR ANAPHYLAXIS and ASTHMA: The school still needs you to provide at least one additional adrenaline auto injector and/or asthma reliever medication for your child in case we need it in an emergency. This could happen, for example, if your child doesn't have theirs with them at school when it is needed. We will store it in a central location in the school and use it to help your child if needed.